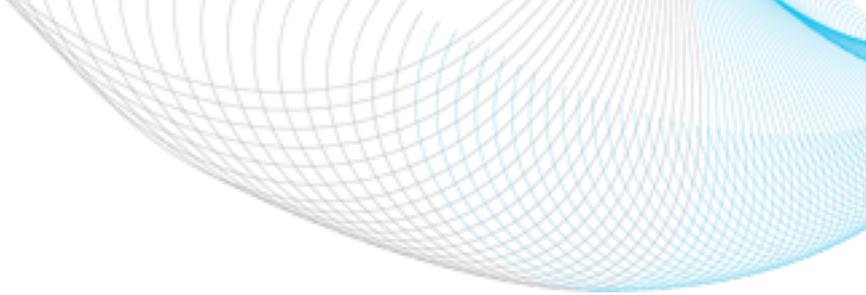


# POSITIVE HANDLING

## PHYSICAL INTERVENTION IN SCHOOLS



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# DYNAMIS INTRODUCTION

Dynamis is a specialist team of highly qualified and experienced educators who bring enthusiasm and expertise to training programmes for managing and preventing risky behaviours in school settings. In our Positive Handling training programmes we primarily work with teachers, teaching assistants, Learning Support Assistants, Behaviour Support specialists and our advice covers issues in 'mainstream' and in SEN settings. Our feedback speaks for itself.

Our focus is on providing your school with pragmatic solutions to complex challenges. With reference to evidence-based sources, legal standards or national level guidance, we do our very best to help your staff to balance the complex issues involved so that you can provide a safe and secure educational setting for your pupils.

We are always inspired when the attitudes and methodology we deliver in our sessions allow staff to bring more clarity to the issues regarding duty-of-care and conflict faced in their teaching work.

Our aim is that the training we provide is accessible and effective for your institution and for your team – and that we consistently exceed staff and management expectations in delivering your desired outcomes.

Importantly, we constantly review and update the legal underpinnings of our course content and delivery to ensure that you are protected in the most robust and appropriate way possible. Our team is extremely familiar with the regulatory environment and the OFSTED positions on physical intervention and restraint so that our advice to you is immediately helpful.

## **We have delivered training for schools all over the UK:**

Bedfordshire, Birmingham, Cambridgeshire,  
Cheshire, Colchester, Devon, Derby  
Edinburgh, Essex, Glasgow, Hampshire, Kent  
Leeds, London (N4, E17, EN4 and more...)  
Norwich, Nottinghamshire, Preston, Portsmouth  
East Sussex, Surrey, West Midlands, Wiltshire, Yorkshire

## **Our list of over 150 clients includes NHS trusts, Local Authority Social Care departments, Private Care Providers, Housing Associations and well-known organisations such as:**

Barnardos    Mencap    The Disabilities Trust    The Brain Injury Rehabilitation Trust  
Four Seasons Healthcare    Erskine Care    Camphill Communities  
NHS Primary Care Trusts    Local Authority Social Care Departments

We are a **licensed centre** for the **National Federation for Personal Safety** for the delivery of Awarding Body vocational qualifications in physical intervention, conflict management and personal safety.



Please call our office on **0844 812 9795** or **email us** to find out how we can assist your school.

# POSITIVE HANDLING **FULL DAY TRAINING**

## Comprehensive training in theory and practice

Our 1-day certified Positive Handling training course is a programme designed for school staff working with children and young people. The course was developed specifically for the needs of the education sector and has had successful delivery in a large number of primary and secondary schools.

We adjust the content of this training day depending on the needs of the school staff we are delivering it to, for example in primary settings where there are issues with particularly young children, our instructors will select and focus on positive handling strategies which are appropriate for this client group.

## Learning Outcomes

Your staff will have an understanding of:

- ✓ Legal rules on the use of restraint
- ✓ Cues, Antecedents and De-Escalation Principles for Common Scenarios.
- ✓ Government guidance in the sector - the use of 'Reasonable Force' with pupils.
- ✓ Practical ways to protect and safeguard school staff and their pupils.
- ✓ The risks inherent in restraint/intervention scenarios and how to reduce or avoid them.
- ✓ Health and Safety provisions for managing safety in the school workplace (Duty of Care).

DURATION	NUMBERS	CERTIFICATION
9AM TO 4PM	12 STAFF PER DYNAMIS INSTRUCTOR	DYNAMIS CERTIFICATE OR BTEC CERTIFICATE BY ARRANGEMENT

## Who Should Attend

This training course is suitable for Teachers, Heads, Learning & Teaching Assistants and any school staff who may be called upon to assist in a physical intervention situation. For example, any staff who may look after school pupils who can demonstrate high levels of vulnerability or risk.

## Commentary on this course:

The one-day format is our most popular course for schools who wish to train a group of staff on the frontline of behaviour management in their institution. Often, those staff who are currently dealing with the most difficult cases of behaviour management, for example involved in SEN or where certain risks are foreseeable, are invited by management to take this course. A full day offers adequate time for staff to discuss key issues, baseline their approach and practice the intervention procedures to a practitioner standard.

# POSITIVE HANDLING **HALF-DAY TRAINING**

## 1/2 DAY COMPACT COURSE

This ½ day mini-course is an abbreviated version of our flagship one-day certified course in managing positive handling interventions with children in school settings. Our team has selected the most fundamental points from the department of education guidance, the common and criminal law regarding use-of-force and the health and safety obligations to create a fast-moving tour of this subject-area which includes some limited physical skills development.

The course is designed to quickly refresh your staff, or to give them a brief initial overview of the knowledge and skills required to deal with scenarios which may occur in your school. It is a just-in-case course, most appropriate for low-risk environments where incidents are low in frequency and low in potential severity. Schools with higher risk levels are strongly recommended to explore our full-day course.

### Learning Outcomes

Your staff will develop an understanding of:

- ✓ Practical ways to protect and safeguard school staff and their pupils.
- ✓ Legal rules on the use of restraint in a 'last resort' context
- ✓ Government guidance in the sector - the use of 'Reasonable Force' with pupils.
- ✓ The risks inherent in restraint/intervention scenarios and how to reduce or avoid them.
- ✓ Health and Safety provisions for managing safety in the school workplace (Duty of Care).
- ✗ Only limited physical holding skills are taught

DURATION	NUMBERS	CERTIFICATION
3 HOURS <i>POTENTIAL AM AND PM DELIVERY TO TWO GROUPS IN ONE DAY.</i>	12 STAFF PER DYNAMIS INSTRUCTOR	DYNAMIS CERTIFICATE

### Who Should Attend

This training course is suitable for Teachers, Heads, Learning & Teaching Assistants and any school staff who may be called upon to assist in a physical intervention situation. For example, any staff who may look after school pupils who can demonstrate high levels of vulnerability or risk.

### Commentary on this course:

This course is more popular with schools who have a limited exposure to violence risk but who wish to gather relevant knowledge within their institution. The format allows for a greater number of school staff to gain some knowledge and understanding of the issues, however the compromise is that the knowledge delivered is somewhat limited by time constraints. If the frequency and severity of violent or potentially harmful incidents at your institution is low to medium, this may be the best course for your needs.

# POSITIVE HANDLING 60' or 90' BRIEFING

## 1/2 DAY COMPACT COURSE

Our Positive Handling INSET Briefings programme is an awareness-raising session for school staff. Our qualified and experienced trainer will deliver a 1-hour or 90-minute briefing to large groups (up to 35 people) and repeat this over a full day to reach the maximum number of staff at your school.

The course was developed specifically to give very short introductory briefings to staff in the education sector. The briefing covers fundamental issues of positive Handling and Use of Force in schools, incorporating government guidance and legislative rules. We have successfully delivered this course in numerous and varied education services.

### Learning Outcomes

Your staff will develop an understanding of:

- ✓ Health and Safety Risk Management for Managing Physical Interventions
- ✓ Dept. of Education guidance – the use of 'Reasonable Force' with pupils.
- ✗ Many key topics will receive only limited treatment
- ✗ No physical skills are taught

DURATION	NUMBERS	CERTIFICATION
60 OR 90 MINUTES	30 STAFF PER DYNAMIS INSTRUCTOR	DYNAMIS CERTIFICATE
<i>POTENTIAL DELIVERY THROUGHOUT A DAY TO MULTIPLE ROTATING GROUPS</i>		

### Who Should Attend

This training course is suitable for Teachers, Heads, Learning & Teaching Assistants and any school staff who may be called upon to assist in a physical intervention situation. For example, any staff who may look after school pupils who can demonstrate high levels of vulnerability or risk.

### Commentary on this course:

During this 1-hour or 90-minute briefing, our trainers can give your staff a comprehensive tour of the most recent government guidance on physical interventions in a school setting, with commentary and advice based on our wide experience of occupational use-of force. We typically run this 4-to-6 times in a single day as the teaching staff rotate through a busy INSET programme of varied topics – perfect for maximum exposure throughout the school.

# DYNAMIS INSTRUCTOR TEAM

**Gerard O'Dea** is a conflict, personal safety and physical interventions training consultant and principal trainer for Dynamis.

Each member of our small but specialist instructor team is selected carefully for their qualifications and experience - at the time of writing, all of our instructors have been with Dynamis for over 5 years.



## **Gerard O'Dea Qualifications:**

Cardiff University Law School / Bond Solon Certified Expert Witness (Criminal Cases)  
University of Stirling BA Business Studies and Japanese

National Federation for Personal Safety (NFPS) Accredited Instructor  
National Federation for Personal Safety (NFPS) Licensed Centre for Delivery of BTEC Awards  
National Federation for Personal Safety (NFPS) Certified Violence at Work Risk Assessor

BTEC Level 4 Professional Award in Preparing to Teach in the Lifelong Learning Sector (PTLLS)  
BTEC Level 3 Advanced Award in Delivery of Conflict Management Training  
BTEC Level 3 Advanced Award in Physical Restraint Practice  
BTEC Level 3 Advanced Award in Physical Intervention (SIA)  
BTEC Level 3 Advanced Award in Advanced Self Defence Instruction  
BTEC Level 3 Advanced Award in Coaching & Instruction of Physical Restraint  
BTEC Level 3 Advanced Award in Safe and Effective use of Restraint Devices  
Chartered Institute for Environmental Health Level 2 Award in Manual Handling  
Chartered Institute for Environmental Health Level 3 Award in Principles and Practice of Risk Assessment  
Certified by the Institute for Prevention of In-Custody Deaths as a Use-of-Force Trainer  
Certified at the NHS National Conflict Resolution syllabus Familiarisation Seminar  
Certified at the AELE Workshop on Legal, Psychological and Biomechanical Aspects of Officer-Involved Lethal and Less-Lethal Use of Force.

Speaker: Protecting Scottish Public Services Workers National Conference Glasgow (2007)  
Speaker: Control & Restraint General Services Association National Conference Edinburgh (2010)

Dynamis Insight is an awarding-body accredited provider of personal safety, conflict management and physical intervention and training which is based on modern findings about the nature of aggression and violent confrontations. Our courses are sought out all across the UK and Internationally. Please visit our website for further information: [www.dynamis-insight.com](http://www.dynamis-insight.com)

# DYNAMIS FEEDBACK

*"A really good mix of theory and practical"*

*"Gerard presented the training clearly and directly. He answered questions and delivered the practical side well and with understanding of people's requirements."*

*"I would definitely be able to use this training comfortably and feel confident with how I'm doing it"*

*"I will definitely be able to put the things that I have learned into practice"*

*"Gerard was very professional at all times. Recommended to our Head Teachers' local delivery group – this training would benefit all of our local schools. Excellent. Thank you."*

*"Course was excellent. It gave me the knowledge and understanding to know when and how to do restraint"*

*"Excellent knowledge and delivery throughout the training"*

*"Not too many procedures to remember – user friendly"*

*"Excellent instructor who gave clear answers and advice"*

*"Absolutely fabulous, thank you"*

*"A great informative day, thank you"*

*"Very good to get background knowledge of law, guidance, etc. as well as practical theory. Thank you."*

*"Thank you, this course has helped me to be clear on the objectives and understand restraint when absolutely necessary"*

*"Extremely useful insights into the laws behind the advice. Good examples and easily followed advice. Our children and staff will be safer."*

*"Useful techniques learned which will be very useful in school. Also made us think about our risk assessments which can be improved"*

*"Appreciated the time taken to consider relevant legislation. Very effective techniques which we can transfer into the classroom"*

*"Thank you! The training has been extremely beneficial!"*

*"The part of the course that related to the duty and responsibilities of management in relation to dangerous behaviour and risk assessment was of particular interest and importance"*

*"The background knowledge & understanding was particularly good. Knowing when to use appropriate measures was excellent"*

*"The instructor was very knowledgeable and helpful"*

*"Very informative and clear guidance on how to control situations more confidently, the procedures and legal issues"*

**All of this feedback has been garnered from attendees on our Positive Handling courses for Primary, Secondary schools and special units all over the UK.**

# COURSE HOSTING REQUIREMENTS

## ▶ Training Area:

Typical physical skills training will require an area large enough for the training group to move around in safely! It should have all obstructions and floor furniture removed so that we don't bump into things - slips trips and falls account for the large proportion of injuries in the workplace. An area 6m x 9m (the dimensions of a squash court) is typically suitable for a group of up to 12 staff if it is completely clear of any hazards.

## ▶ Timing

We normally suggest a start time of 0930, finishing at approximately 1600 on each day. Let us know if you need us to start or finish early.

## ▶ Display Equipment

We request that you please provide a digital projector or flatscreen TV to assist your trainer to provide our customised presentations to your team. If necessary we can bring a projector - just let us know!

## ▶ Note-Taking and Assessment

All staff are \*strongly\* recommended to bring note-taking materials - a notebook and pen - in order to take the full benefit of this course. All staff may be required to complete a student learning log during the course to facilitate assessment.

## ▶ Medical:

All delegates will be required to complete a medical questionnaire prior to commencing the course. All injuries, past and present, must be disclosed, including any medication currently prescribed and / or being taken.

## ▶ Clothing:

Delegates are asked to ensure that they bring and wear adequate training kit for the duration of the course including; long tracksuit bottoms, appropriate training shoes, etc. Examples of inappropriate clothing would include: any form of open-toed shoes / sandals, footwear with heels, skirts / dresses, shorts, low-cut tops, etc.

Failure to attend training sessions in safe and appropriate clothing or footwear could result in being excluded from the training, due to risk.

## ▶ Jewellery:

For personal safety reasons ALL jewellery must be removed prior to any training commencing. Where an item of jewellery cannot be removed (i.e. wedding rings) it may be required to be covered, dependent on its construction and style.

## ▶ Timekeeping:

Our courses tend to be under time pressure. Therefore, delegates are asked to ensure that they are on time for each session so that others are not waiting unnecessarily and that the course finishing time can be adhered to.

## ▶ Cancellation:

We are always disappointed for our clients when they need to cancel for reasons outwith their control. However it can have serious effects on our business, too! We think the fairest response for everyone is to invoice you for 50% of the training you originally booked, plus any travel expenses we had already incurred. This applies to courses cancelled within 4 weeks of the start date. Before then, we will just reschedule!

# DYNAMIS CONTACT US

Our training team are generally out with clients delivering training programmes, which is why our office staff remain busy taking care of course administration and scheduling, arrangements and certification requirements.

The office is open 9am to 6pm Mon-Fri and so you can call or get in touch by email and be assured of a quick response from our admin team.

Call our team now to discuss your needs

**0844 812 9795**



Or email us with your requirements

**email us now!**



[info@dynamis-insight.com](mailto:info@dynamis-insight.com)